

EACH MANUSCRIPT SHOULD CONTAIN:

- Name and surname of the Author (in the footnote the Author should provide academic affiliation, country, e-mail contact for the Author, ORCID ID: <https://orcid.org/XXXX-XXXX-XXXX-XXXX>), current postal address (**needed to receive a copy of the journal**), full title and subtitle (if any) of the text.
- Abstract up to **250 words**, the function is to show/present the goals, ways of analysis and main conclusions.
- Up to **8 keywords**.
- Articles in the section Article-Studies should contain up to **40 000 characters** (including the main text, abstract, keywords, tables and diagrams, footnotes and references), articles should be divided into sections, internal titles **should not be numbered**.
- Reviews, commentary on reviews, reports should contain up to **20 000 characters**. The title of the review should look as follows: Name and Surname of the Author of the review, (rev.): Name and Surname of the Author of the book, the title of the book in italics, Name of the Publishing House, place and year of publishing, pp. (the whole number of pages of the book), e.g.:

Emilia Żyłkiewicz-Płońska, (rev.): Mirosław Sobecki, *Kultura symboliczna a tożsamość. Studium tożsamości kulturowej Polaków na Grodzieńszczyźnie z perspektywy edukacji międzykulturowej*, Trans Humana Wydawnictwo Uniwersyteckie, Białystok 2007, pp. 436

- Footnotes should be kept to a minimum and contain additional information, which the Author is willing to add to the main text.
- References in the text should follow APA Style (see below).
- An **alphabetically ordered** references section should follow after the text (see below).
- Required transliteration of bibliographic items written in Cyrillic – first provide the transliterated version, then in the original version (in square brackets); the editors recommend using BGN/PCGN transliteration (<https://www.ushuaia.pl/transliterate/>).

TECHNICAL REQUIREMENTS:

- *.doc or *.docx format,
- 1,5 line spacing,
- Margins 2.5 cm,
- Font – Times New Roman,
- Justified text,
- Internal titles – not enumerated.

REFERENCE CITATIONS IN TEXT:

One Author:

- Smith (2002) found...
- (Smith, 2002).

Two Authors:

- Smith and Jones (2003) found...
- (Smith & Jones, 2003).

Three, Four, or Five Authors:

- 1st time:
 - Smith, Jones, and Black (2001) found...
- After the 1st time:
 - Smith et al. (2001) found...
- After 2nd time, but inside the same paragraph:
 - Smith et al. found...

Six or More Authors:

- Smith et al. (2002) found...

Groups as Authors:

- 1st Citation:
 - (American Psychological Association [APA], 2000);
- Subsequent Citations:
 - (APA, 2000).

Anonymous or No Author:

- Use first few words of reference list entry (usually title):
 - (“Study Finds,” 1995),
 - (TEA, 2007).

Authors with Same Surname:

- Include initials:
 - S. T. Smith (2000) and J. D. Smith (1999).

Two of more works within the same parentheses:

- In order alphabetically, as they would appear in references, separated by semi-colons:
 - (Jones, 2003; Thomas, 2010);
- If by same author, then by date:
 - (Jones, 2003, 2007).
- If several works of the same Author (or Authors) were published in the same year, they should be marked with letters „a, b, c, etc.” right after the year of publication (without a space between a number and a letter):
 - (Jones, 2003a, 2003b).

Quotations in Text:

– Display quotation of fewer than 40 words in double quotation marks. Include page number in parentheses (pinpoint citation):

Black (1993) stated, “The ‘placebo effect’ [...] disappeared when behaviors were studied in this manner” (p. 276).

– Display quotation of 40 or more words in block quotation (double spaced) without quotation marks:

Black (1993) found the following:

The “placebo effect” had been verified in previous studies. This effect was found to be indicative of a patient’s belief that they were suffering from *x* diagnosis and were receiving *y* medication which was helping them to reduce *z* psychosomatic side effects. (p. 276)

REFERENCES:

Book:

- Author’s Surname, the first letter of a Name. (publication year). *Title of the book in italics*. place of publishing: publisher.

Nikitorowicz, J. (2009). *Edukacja regionalna i międzykulturowa*. Warszawa: Wydawnictwa Akademickie i Profesjonalne.

Translation:

- Author’s Surname, the first letter of a Name. (publication year). *Title of the book in italics*. place of publishing: publisher.

Russo, J.-J. (2009). *Basic Political Writings*. Trans. D. A. Cress. Indianapolis: Hackett Publishing.

Edited book:

- Author’s Surname, the first letter of a Name. (publication year). Title of the article or chapter. In the first letter of the Author’s Name. Surname (Ed.), *Title of the book in italics* (pp.). Place of publishing: publisher.

Combrinck-Graham, L. (Ed.). (1995). *Children in Families at Risk*. New York: Guilford.

Duncan, G. J., & Brooks-Gunn, J. (Eds.). (1994). *Consequences of Growing Up Poor*. New York: Russell Sage Foundation.

Articles in collective works:

- Author's Surname, the first letter of a Name. (publication year). Title of the article or chapter. In the first letter of the Author's Name. Surname (Ed.), *Title of the book in italics* (pp.). Place of publishing: publisher.

Cross, T. L. (1998). Understanding family resiliency from a relational world view. In H. I. McCubbin, E. A. Thompson, A. I. Thompson, & J. E. Fromer (Eds.), *Resiliency in Native American and Immigrant Families* (pp.143–157). Thousand Oaks: Sage.

Electronic sources:

- Author's Surname, the first letter of a Name. (publication year). *Title of the article in italics*. Retrieved from URL.

Shotton, M. A. (1989). *Computer addiction? A study of computer dependency* [DXReader version]. Retrieved from <http://www.ebookstore.tandf.co.uk/html/index.asp>.

Article in a journal:

- Author's Surname, the first letter of a Name. (publication year). Article title, *Journal title in italics*, Volume (Issue), pp. doi:.

Savvides, N. (2006). Developing a European Identity: A Case Study of the European School at Culham, *Comparative Education*, 42(1), pp. 113–129. doi: xx.xxxxxxxxxxx.

Szlendak, T. (1997). Techno-dzieci końca ery industrialnej. *Studia Socjologiczne*, 1, pp. 111–136.

Book review:

Schatz, B. R. (2000, November 17). *Learning by text or context?* [Review of the book *The social life of information*, by J. S. Brown & P. Duguid]. SCience, 290,1304. doi:10.1126/science.290.5495.1304.

Organization as an author:

U.S. Department of Health and Human Services, National Institutes of Health. National Heart, Lung, and Blood Institute. (2003). *Managing asthma: A guide for schools* (NIH Publication No. 02-2650). Retrieved from http://www.nhlbi.nih.gov/health/prof/lung/asthma/asth_sch.pdf.

Publication without author:

Heuristic. (n.d.). *In Merriam-Webster's online dictionary* (11th ed.). Retrieved from <http://www.m-w.com/dictionary/heuristic>.

In case of a few publications by one author at the same year:

Werner E. (2005a). What can we learn about resilience from large-scale longitudinal studies? In S. Goldstein & R. Brooks (Eds.), *Handbook of resilience in children*, New York: Springer, pp. 91–105.

Werner E. (2005b). Resilience research, past, present, and future. In R. Peters, B. Leadbeater & R. McMahon (Eds.), *Resilience in children, families, and communities, linking context to practice and policy*, New York: Kluwer Academic / Plenum Publishers, pp. 3–11.

Based on: Harasimczuk, J., Cieciuch, J. (2012). *Podstawowe standardy edytorskie naukowych tekstów psychologicznych w języku polskim na podstawie reguł APA*. Retrieved from: <http://liberilibri.pl/ksiazka/podstawowe-standardy-edytorskie-naukowych-tekstow-psychologicznych-w-jezyku-polskim-na>; Tomás Rivera Center (n.d.). *Publication Manual of the American Psychological Association (APA) 6th Edition Writing Style Workshop*. Retrieved from: http://lcwu.edu.pk/ocd/cfiles/Sociology/Maj/SOC-405/APA_6th_Edition.pdf.